



A HYBRID CPD CONFERENCE



A CME Invitation from the  
Division of Endocrinology & Metabolism

# 2023 Evidence-Based Management of the Diabetes Epidemic

Register online at [chse.mcmaster.ca/diabetes](https://chse.mcmaster.ca/diabetes)

## FOR EVENT INFORMATION

**Darlene McCormack, CMP, Event Coordinator**

Office of Continuing Professional Development (CPD)  
McMaster University  
mccord2@mcmaster.ca  
905-525-9140 x 22990

Visit the CPD website [cpd.healthsci.mcmaster.ca](https://cpd.healthsci.mcmaster.ca)



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#DiabetesCPD

## LEARNING OBJECTIVES

At the end of this activity, learners will be able to:

- Explore and understand various approaches to diabetes care in First Nations.
- Recognize the importance of routine dilated eye exams, and the therapeutic options for diabetes-related eye diseases.
- Develop a framework for managing gestational diabetes and type 2 diabetes during pregnancy.
- Understand the growing potential for incretin-based therapies in type 2 diabetes.
- Reflect on different type 2 diabetes presentations.
- Utilize a growing range of therapies for type 2 diabetes to optimize outcomes.

# AGENDA



**HEALTH SCIENCES**  
Continuing Professional  
Development

Time Zone: EDT GMT-4

\*Activity is subject to change

## 12:00–13:15 REGISTRATION, LUNCH & VISIT EXHIBITORS

13:15–13:20 Opening Remarks

**Hertzel Gerstein, MD, MSc, FRCPC**

Professor, Department of Medicine,  
Director, Division of Endocrinology & Metabolism  
McMaster University, Hamilton, ON

13:20–13:55 **KEYNOTE TALK**  
Approaches to Diabetes Care on First Nations People

**Brandy Wicklow, MD, MSc(epi), FRCPC**

Associate Professor  
Head, Section of Pediatric Endocrinology & Metabolism  
University of Manitoba, Winnipeg MB

13:55–14:05 Question & Answer

14:05–14:30 Diabetes and the Eye:  
What to See & What Can be Done?

**Sarah Mullen, MD, FRCSC**

Ophthalmologist  
St Joseph's Healthcare Hamilton  
Assistant Clinical Professor, Department of Surgery  
McMaster University, Hamilton, ON

14:30–14:35 Question & Answer

14:35–15:00 Case Examples: GDM &/or Pregestational Type 2 DM

**MODERATOR;**

**Medina Mohamed, MD, FRCPC**

Assistant Clinical Professor, Medicine  
McMaster University, Hamilton ON

15:00–15:25 Potential GLP-1RA & GIP/GLP-1RA Benefits on a  
Growing List of Outcomes

**Hertzel Gerstein, MD, MSc, FRCPC**

15:25–15:30 Question & Answer

## 15:30–15:50 AFTERNOON BREAK AND VISIT EXHIBITORS

15:50–16:20 Case Examples: Unusual Cases of Type 2 DM

**MODERATOR:**

**Steven Sovran, MD (GIM)**

Associate Professor, Medicine  
Faculty of Health Sciences  
McMaster University, Hamilton, ON

16:20–16:50 Type 2 Diabetes Care in 2023: Optimize Benefit, Minimize  
Burden

**Alice Y.Y. Cheng, MD, FRCPC**

Associate Professor, Endocrinology  
University of Toronto, Toronto ON

16:50–16:55 Question & Answer

## 16:55 CONCLUDING REMARKS

**Hertzel Gerstein, MD, MSc, FRCPC**

## PLANNING COMMITTEE

**Hertzel C. Gerstein, MD, MSc, FRCPC**

Professor, Department of Medicine  
Director, Division of Endocrinology and Metabolism  
McMaster University, Hamilton, ON

**Stewart Harris, MD, MPH, FCFP**

CDA Chair in Diabetes Management  
Department of Family Practice  
University of Western Ontario, London, ON

**Zubin Punthakee, MD, MSc, FRCPC**

Associate Professor, Department of Medicine and  
Department of Pediatrics  
Division of Endocrinology and Metabolism  
McMaster University, Hamilton, ON

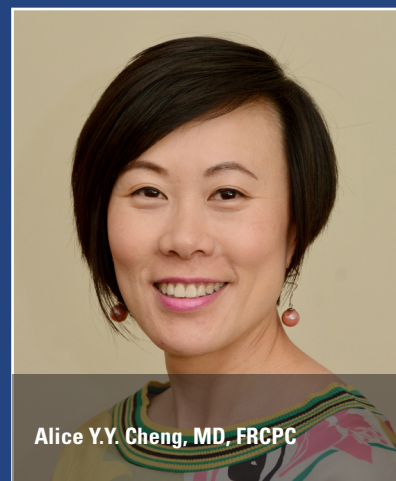
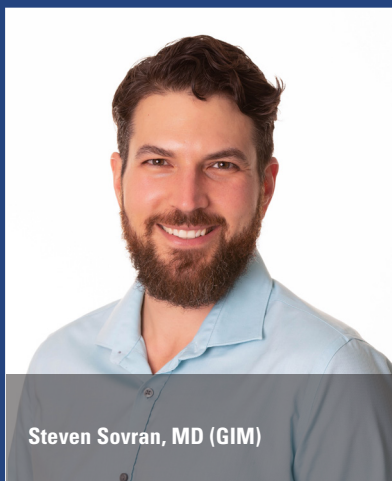
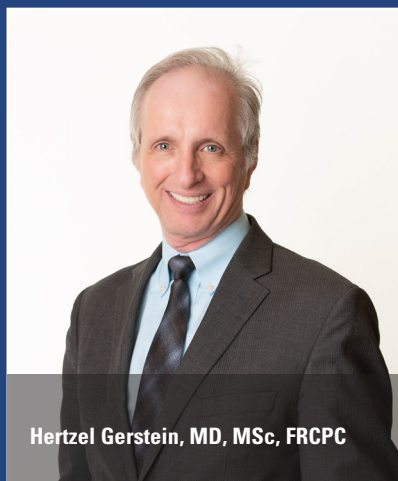
**Danielle Stayzer, HBA, M.ED**

Manager Continuing Professional Development Office  
McMaster University, Hamilton, ON

**Darlene McCormack, CMP**

Event Coordinator  
Continuing Professional Development Office (CPD)  
McMaster University, Hamilton, ON

## FEATURED SPEAKERS





A CME Invitation from the  
Division of Endocrinology & Metabolism



**HEALTH SCIENCES**  
Continuing Professional  
Development

## Evidence-Based Management of the Diabetes Epidemic

**NO FEES  
TO ATTEND**

Register online at [chse.mcmaster.ca/diabetes](https://chse.mcmaster.ca/diabetes)

### CONFIRMATION OF REGISTRATION

A written acknowledgement of your registration will be sent prior to the activity. Receipts are emailed at the time of registration and an additional email will be sent after the activity, confirming your certificate of attendance is ready to download or print. Your registration is not complete unless a confirmation is received. If you have not received a confirmation within 7 days of registration, please contact our office.

### ACTIVITY PACKAGES

In-person registrant's activity package includes lunch & an afternoon nutritional break. Your activity lanyard must be worn at all times throughout the day. If you have a guest accompanying you to the activity, their meals are at their own cost and will be billed directly.

### DISCLOSURE OF POTENTIAL CONFLICTS OF INTEREST

In keeping with accreditation requirements and the National Standard for Support, Continuing Professional Development Office (CPD), McMaster University requires that all speakers, planning committee members, moderators, facilitators and authors participating in this activity must disclose all relationships with for-profit and not-for-profit organizations over the previous two years. Disclosure must be done in print, verbally, and in writing on a slide prior to the speaker's presentation.

### DIETARY RESTRICTIONS

For those with dietary needs for an in-person event, some accommodation may be available. Contact the event coordinator for details.

### LIABILITY

Continuing Professional Development Office (CPD), McMaster University hereby assumes no liability for any claims, personal injury, or damage:

- To any individual participating in this activity.
- That may result from the use of technologies, program, products and/or services during this activity.
- That may arise out of, or during this activity.

### ACCESSIBILITY

If you have an accommodation need, please email the event coordinator or call us to make the appropriate arrangements.

### CANCELLATION POLICY

The University reserves the right to cancel an activity due to insufficient registration or any circumstances that are beyond our control.

### PERSONAL SUPPORT

If you require personal support at an in-person activity, the health aid provider must register in advance at the general public rate.

### VIDEO RECORDINGS

This event will be recorded and participants will receive access to the video recordings after the event for a period of 6 months. However, only participants who log into the live event are eligible to receive a certificate of attendance for CME credits.

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